



1. DATES

Technical Officials nomination deadline	07 February 2020
Entries	03-07 February 2020
Changing/updating Entries	02-04 March 2020
Team receives Invoices	05-06 March 2020
Team Payment by bank transfer	09-11 March 2020
EWF Committees meeting-	01 April 2020 (09:00-12:00)
EWF Executive Board meeting	01 April 2020 (14:00-17:00)
Selected Technical Officials' Arrival Day	02 April 2020
Final Verification and Team Manager's Meeting- Korston Hotel	02 April 2020 (18:00-19:00)
EWF Congress- Korston Hotel	02 April 2020 (09:00-12:30)
EWF Electoral Congress - Korston Hotel	02 April 2020 (14:00-16:00)
Technical Officials' Meeting in Competition Hall	03 April 2020 (14:00-15:00)
Competitions	04-12 April 2020
Opening Ceremony	04 April 2020 (15:30-16:10)
Half way meeting for Technical Officials	07 April 2020
Departure Day	13 April 2020

2. ACCOMMODATIONS and ENTRY FEE

Team Hotels: Korston-Moscow Hotel, ul. Kosygina, 15, Moscow 119334

Aerostar Hotel, Leningradsky Prospekt 37, Bldg 9, Moscow

EB Members, Meetings and Congress Hotel:

Korston-Moscow Hotel, ul. Kosygina, 15, Moscow 119334

Technical Officials' Hotel: Gymnastics Center Luzhniki st. Luzhniki Str. 24, p.2

Accreditation center is located at the

Korston-Moscow Hotel, ul. Kosygina, 15, Moscow, 119334 and

Luzhniki Small Sports Arena, Luzhniki, 24 Building 3 Moscow

The minimum stay in hotel for the participants in competition is three (3) nights.

The accommodation fees and entry fee are:

Entry Fee - € 150 per person.

In addition, € 50 for IWF Special Anti-Doping Fee which will be paid by only athletes.

Single Occupancy € 170.00 (euros) per person per day

Twin/Double Occupancy € 130.00 (euros) per person per day

Triple Occupancy € 110.00 (euros) per person per day

Transportation from-to Moscow Airport by buss will be € 40.00 (euros) per person

3. COMPETITION AND TRAINING VENUE

Competition hall name and address: Luzhniki Small Sports Arena, Building 3, Luzhniki Street 24, Moscow.

Training hall name and address: Luzhniki Small Sports Arena, Building 3, Luzhniki Street 24, Moscow.

Shuttles will be available between hotels and competition hall and training hall for transportation.

4. ACCREDITATION

The accreditation procedures will take place upon arrival in Korston-Moscow Hotel, ul. Kosygina, 15, Moscow, 119334 and Luzhniki Small Sports Arena, Luzhniki, 24 Building 3 Moscow.

5. ELIGIBILITY, CATEGORIES and AGE LIMITATIONS

Participating athletes must be 15 years of age and over (year of birth 2005 or earlier).

Women, 10 categories: 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg, +87 kg.

Men, 10 categories: 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg, +109 kg.

“In accordance with Article 5.6.5 of the IWF Anti-Doping Policy an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate

and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior (**by 04 February 2020**) to the IWF Event in question.

An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.”

6. COMPETITION RULES

The Championships will be held according to the current IWF Technical and Competition Rules & Regulations (IWF TCRR).

ELEIKO will be used for competitions and training.

7. DOPING CONTROL

Doping Control will be conducted in accordance with IWF Anti-Doping Policy.

8. INSURANCE

All Federations must undertake full moral and financial responsibility for their respective delegations regarding health and in case of accidents or damage.

9. TRANSPORTATION

The RWF will provide transportation for all delegates from/to Moscow and International Airports in Moscow - Competition/training hall.

Transportation from International Airports in Moscow by buss will be € 40.00 (euros) per person.

10. AWARDS

The first, second and third lifters in Snatch, Clean & Jerk and Total in each weight category for Senior competitions will be awarded gold, silver and bronze medals.

The highest six (6) ranked federations (boys and girls) will receive team awards.

All participants will receive diplomas.

11. VISAS

All participants must check if a visa is required for their entry to Russia. Should visa be required, participants will have to apply for visa at the Russian Embassy/Consulate in their home country. If assistance is needed, please contact the Organizing Committee.

Please notice; visa procedures for Moscow may take longer than expected, please make your visa application as soon as possible.

[Visa Application Procedures click](#)

[Excel Doc for Visa Application click](#)

Contact Person:

Name and Surname: Valeriya Rasyanova

Contact phone numbers: +7 495-725-47-23, +79032993520 (WhatsApp)

Contact e-mail: kasianova@rwwf.ru kasianova@rwwf.ru

12. FLAGS and ANTHEMS

Each national federation is kindly requested to bring 2 (two) National Flags (100 x 150 cm) and national anthem with mp3 format.

The Organizing Committee will collect them upon arrival from each delegation.

13. BANK ACCOUNT

Beneficiary: RUSSIAN WEIGHTLIFTING FEDERATION

IBAN : **40703978338001000651**

Swift code: **SABRRUMM**

Bank: **Sberbank**

Address of Bank: **19 Vavilova str. Moscow, Russia**

Correspondent Bank: **DEUTSCHE BANK AG**

S.W.I.F.T. code of Correspondent Bank: **DEUTDEFF**

IBAN Sberbank in Correspondent Bank: **10094987261000**

14. FURTHER INFORMATION

The Russian Weightlifting Federation

Contact Person

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