

1- KEY DATES

<i>Technical Officials nomination deadline</i>	<i>21 October-6 November 2019</i>
<i>Entries</i>	9-16 October 2019
<i>Changing/updating Entries</i>	04-07 November 2019
<i>Team receives invoices</i>	11-13 November 2019
<i>Team Payment by bank transfer</i>	18-21 November 2019
<i>Arrivals Delegations</i>	<i>5th December 2019</i>
<i>Training Hall opens</i>	<i>05 December 2019</i>
<i>Final Verification and Team Manager's Meeting 18:00-19:00</i>	<i>06 December 2019</i>
<i>Technical Officials Meeting 19:00</i>	<i>6th December 2019</i>
<i>Halfway meeting</i>	<i>10 December 2019</i>
<i>Competitions</i>	<i>07-14 December 2019</i>
<i>Departures Delegations</i>	<i>15 December 2019</i>

2- COMPETITION AND TRAINING VENUE

Leonardo Club Hotel- Kampen Street 3 Eilat, POB 294, 8810201 Eilat

3- ELIGIBILITY TO PARTICIPATE

*The participation in Youth & U15 EWC is limited to athletes (boys and girls) and team officials from National Federations which are full members of the EWF.

*With reference to Article 5.6.5. of IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior to the IWF Events in question (by 07 October 2019).

An athlete who does not comply with this provision is not eligible to compete at the IWF Event.

4- CATEGORIES, AGE LIMITATION AND OLYMPIC QUALIFICATION SYSTEM

European Youth Championships

-Athletes born between 1st January 2002 and 31st December 2006 (aged between 13-17 years).

Girls, 10 categories: 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg +81 kg.

Boys, 10 categories: 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg.

European Under 15 Championships

-Athletes born between 1st January 2004 and 31st December 2006 (aged between 13-15 years).

Girls, 10 categories: 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg +81 kg.

Boys, 10 categories: 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg.

One Federation competes with two different teams in Youth & U15 EWC competitions. Youth and U15 teams need different weightlifters. The same lifter can't compete in two competitions and can't be classified in two competitions.

5- SELECTION of TECHNICAL OFFICIALS

EWF Member Federations can only nominate Cat I & Cat II technical officials until 6th November 2019 and EWF TC will select TOs among them.

6- EQUIPMENT

ELEIKO (approved by IWF) equipment (men and women) will be used for the competitions.

7- DOPING CONTROL

Doping control will be conducted in accordance with the IWF Anti-Doping Policy

8- COMPETITION RULES AND REGULATION

The Championships will be held according to the IWF Technical and Competition Rules & Regulations and EWF Constitution.

9- ACCOMMODATION

All athletes, Team Members and Technical Officials will be fully accommodated in the hotel Leonardo Club Hotel. The Leonardo Club Hotel will be used for accommodation, competition and training area. All payments must be transferred **no later than 21 November 2019** to the account number of the bank as indicated below. The minimum stay in the hotel for the participants in the competition is three (3) nights.

10- ACCREDITATION

Accreditation will take place in the Accreditation Area at **Leonardo Club Hotel-Eilat**.

11- FLAGS AND NATIONAL ANTHEMS

Each National Federation is kindly requested to bring 2 (two) National Flags (110x150 cm), and to send by email the national anthem in the mp3 format.

The Organizing Committee will collect the flags from each delegation upon arrival.

12- FINANCIAL CONDITIONS

EWF Entry Fee	: 150,00 Euro per person	Accommodation Fees:
Single room:	150,00 euro (per person/ per night/ full board)	
Double room:	125,00 euro (per person/ per night/ full board)	

13- TRANSPORTATION

The OC will provide shuttle bus service from to Eilat Ramon Airport and Leonardo Club Hotel.

Cost of transportation is € 20 per person.

14- BANK ACCOUNT

ACCOUNT NAME: Israel Weightlifting Federation
ADDRESS: Yehuda ha-Nasi St 34, Tel Aviv-Yafo, 6920024
IBAN: IL12 0111 1800 0008 4049 911
SWIFT BIC: IDBLILITXXX
BANK CODE: ISRAEL DISCOUNT BANK LTD
BRANCH CODE: 118
DESCRIPTION OF PAYMENT: (Name of the Nation) 2019 EU Youth&U15 WL Champ.

15-AWARDS

The first, second and third lifters in Snatch, Clean & Jerk and Total in each weight category will be awarded gold, silver and bronze medals. The best individual athlete (boys and girls, Youth & U15) according to the Sinclair Formula will be awarded a trophy. The highest six (6) ranked Federations (boys and girls, Youth&U15) will receive team awards. All participants will receive diplomas and a special gift.

16- VISAS

All participants must check if a visa is required for their entry to Israel. Should visa be required, participants will have to apply for the visa at the Israel Embassy/Consulate in their home country. If assistance is needed, please contact the Organizing Committee.

17- INSURANCE

All Member Federations have to provide travel and accident insurance of all their participants before leaving their country in accordance with EWF regulations.

18- MEDIA ACCREDITATION

The deadline to send the Media Accreditation form is 7th November 2019.

19- CORRESPONDENCE ADDRESS

ORGANIZING COMMITTEE CONTACT:
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