

EUROPEAN WEIGHTLIFTING FEDERATION

TECHNICAL AND SCIENTIFIC COMMITTEE WORK PLAN 2012 - 2016

	<u>Aims / Objectives</u>	<u>Target for 2016</u>	<u>Progress to date</u>	<u>When</u>	<u>Who</u>
<b>Technical</b>					
1	Establish structure of Committee.	Structure to be defined according to Work Plan assuring delegation to Committee members.	Discussion between BJ & SC – Appendix 1	16 June 2012	BJ / SC
2	Establish roles and responsibilities of the EWF T& S Committee	Obtain skill set of Committee members and define roles	BJ wrote to all T&S Committee members and received data to formulate Appendix 1	16 June 2012	BJ / SC
3	IWF Constitution, Technical Rules and Anti Doping Policy	Review and propose modifications to the IWF Constitution, Technical Rules and Anti Doping Policy	Rule 6.2.5 20 <sup>th</sup> July	20 July 2012	Ex. Board T&S Comm.
4	EWF Constitution	Review and propose modifications to the EWF Constitution	First revision to be completed by 04.12.13 for circulation to MF.	EWF Congress April 2014	Ex. Board T&S Comm.
5.	Championships	<ul style="list-style-type: none"> <li>Develop Championships Organiser Handbook including standards for organisation, television and accommodation.</li> </ul>	Current documents to be updated and combined with newly produced material into one book.	EWF T&S Comm. April 2013	PM / BM / HA D Goldstrom BJ / SC
6a	Technical Officials	<ul style="list-style-type: none"> <li>Appoint Technical Delegate for Championships</li> </ul>	<ul style="list-style-type: none"> <li>Technical Delegates for 2014 appointed</li> </ul>	EWF T&S Committee	BJ
6b	Technical Officials	<ul style="list-style-type: none"> <li>Review procedure for the selection of Technical Officials</li> </ul>	<ul style="list-style-type: none"> <li>Procedure completed and to be added to Championship Organisers Handbook</li> </ul>	EWF T&S Committee	BJ
6c	Technical Officials	<ul style="list-style-type: none"> <li>Develop Technical Officials Guide (Develop compendium of terms)</li> </ul>	<ul style="list-style-type: none"> <li>Review in January 2014</li> </ul>	EWF T&S Committee April 2014	SC

6d	Technical Officials	<ul style="list-style-type: none"> <li>Develop Women Technical Officials</li> </ul>	<ul style="list-style-type: none"> <li>Not good, but strong efforts will be made to ensure 30% of TO in Israel are women!</li> </ul>	February 2014	BJ
6e	Technical Officials	<ul style="list-style-type: none"> <li>Resolve issue regarding uniform</li> </ul>	<ul style="list-style-type: none"> <li>SC to prepare paper highlighting way forward</li> </ul>	EWF T&S April 2014	SC
7a	Olympic Qualification	Review and propose modification to the Olympic Qualification Procedure.	Review by IWF October 2014	September 2014	Ex. Board
7b	Olympic Youth Games Qualification	Review EWF bodyweight categories and Information Technology System	Review by EWF T&S Comm. and EWF EB	<b>20 December</b>	BJ / SC
8a	Referee Training	<ul style="list-style-type: none"> <li>Develop Technical Officials training (including promotion, examinations) – to disseminate information on rule changes and updates).</li> </ul>	To co-ordinate and collaborate with IWF Technical Committee to improve standards	31 October 2013	BJ / SC/ PM
8b	Technical Officials Training	<ul style="list-style-type: none"> <li>To host Technical Officials Seminars.</li> </ul>	First Technical Official Seminar (with new material) to be held at Nordic Championships 01.11.13 Future Seminar – GB and Baltic States.	01.011.13	BJ / PM
9	Calendar of Events	<ul style="list-style-type: none"> <li>Influence the International Calendar of Events for IWF and Continental Championships.</li> </ul>	EWF Calendar for 2014 finalised. IWF Calendar - October 2013	October 2013	IWF / EWF Exe Board
10a	Continuous evaluation of the IWF Handbook and EWF Constitution	<ul style="list-style-type: none"> <li>Revise Constitution, Technical Rules and Anti Doping Rules to ensure “fit for purposes”</li> </ul>	On going	T&S 2013	T&S Committee
10b	Age Categories	<ul style="list-style-type: none"> <li>To review the minimum thresholds for the IWF age categories.</li> </ul>	IWF Technical Committee – October 2013	April 2014	SC
10c	Bodyweight Categories	<ul style="list-style-type: none"> <li>To review the “super heavy weight categories” in particular the wide range between minimum and maximum values of competitors</li> </ul>	IWF Technical Committee – October 2013	April 2014	SC
11	U15 Championships	<ul style="list-style-type: none"> <li>Co-operating with Medical Committee – determine the feasibility of holding a</li> </ul>	Competition agreed, format rules to determine for 2013:	Completed	BJ / SC

12	Code of Ethics	<p>European U17 &amp; U15 Championships in 2013.</p> <ul style="list-style-type: none"> <li>Develop Code of Ethics for Technical Officials</li> </ul>	<p>U17 - 1996 &amp; 1997 U15 – 1998, 1999 &amp; 2000</p> <p>First draft completed to be reviewed with the IWF Code of Ethics</p>	<p>Review in September 13</p>	TK / SG /BP
13	Publicity	<ul style="list-style-type: none"> <li>Collect biographic data on lifters and coaches</li> </ul>	<ul style="list-style-type: none"> <li><a href="http://www.iwf.net/infra">www.iwf.net/infra</a></li> <li>Cross reference to Marketing Group</li> </ul>	April 2013	HA / DG
<b><u>Scientific</u></b>					
1	Publications	<ul style="list-style-type: none"> <li>Develop Scientific publications for website and magazine.</li> </ul>	Require update from FP for September T&S Meeting	September 13	FP
<b><u>Coaching</u></b>					
1	Coach License (and Technical Officials)	<ul style="list-style-type: none"> <li>Develop the EWF Coaching License</li> </ul>	SC to consult leading National Federations regarding Coach License.	April 2014	SC
2	Coaching Pathway	<ul style="list-style-type: none"> <li>Develop the EWF Coaching pathway</li> </ul>	Proposal ready and courses to be arranged for 2013.	Ongoing	C.B.
3	Universities & Colleges	<ul style="list-style-type: none"> <li>Promote weightlifting in Schools, Colleges and Universities.</li> </ul>	Ongoing	Ongoing	CB
4	Workshops	<ul style="list-style-type: none"> <li>Develop workshops to enhance the standards of coaching for weightlifting.</li> </ul>	First Coaching Seminar planned for November 2013 in Poland	November 2013	AE
5	Coaching Seminar	<ul style="list-style-type: none"> <li>To develop Coaching Seminar for the training of young athletes U17and U15.</li> </ul>	AE / RE to determine criteria for the Seminar	April 2014	AE / RE
<b><u>Anti Doping</u></b>					
	Anti Doping Policy	<p>To develop an effective anti doping programme liaising with the</p> <ul style="list-style-type: none"> <li>IWF Anti Doping Commission</li> <li>EWF Anti Doping Commission</li> </ul>	<p>To liaise with IWF and EWF Anti-Doping Commission.</p> <p>Review of the Sanctions and Penalties for doping offences</p>	April 2014	TK
<b><u>Miscellaneous</u></b>					
	Executive Board Agenda	Agenda to include updates from:			

		Anti-Doping Commission Marketing Commission			
	“European Union” Federation	To re-develop the format of the “European Union” Federation	To develop Constitution and Competition Programme	December 2013	BJ / SC

Prepared by:

**Benny Johansen,** Chairman of EWF Technical & Scientific Committee.

**Steve Cannon,** Secretary.

EWF T&S Workplan 2012-2016 v1.3 (27.09.13)

Appendix One: European Weightlifting Technical & Scientific Committee 2012 – 2016.

<u>Technical</u>	<u>Coaching</u>	<u>Scientific</u>	<u>Anti Doping</u>
<p>Per Mattingsdal Boguslaw Mokranowski Plamen Bratoyhev Jan Stefanik Gucuyener Suat Taisto Kuoppala</p> <p><u>Emphasis on Women Officials and promoting women's weightlifting:</u> Gorgeta Ion Jesmond Caruana Thomas Norlander</p>	<p><b>Colin Buckley</b></p> <p>Eduards Andruskevics Daniel Tschan Remco Eenink Thomas Norlander Nikolay Peshalov</p>	<p><b>Ferunaj Perparim</b></p> <p>Millman Marat</p>	<p>Taisto Kuoppala (Liaison Officer)</p>