

# **BALTIC CUP CHAMPIONSHIPS in WEIGHTLIFTING**

## **01 – 03 September 2017, Ventspils - Latvia**

### **REGULATIONS**

#### **1. DATE**

Baltic Cup Championships will be held in Ventspils in 01-03 September 2017.

#### **2. COMPETITION REGULATIONS**

Baltic Cup Championships will be organised according to the IWF rules.

#### **3. TEAMS**

Each team consists of 3 male and 3 female athletes: 1 girl U17, 1 junior woman U20, 1 woman, 1 boy U17, 1 junior man U20 and 1 man.

#### **4. SCOREKEEPING**

The competition is held in four groups: I group – Girls U17 and Junior Women U20, II group – Boys U17 and Junior Men U20, III group – Women, IV group – Men. The ranking within the groups will be according to Sinclair points. The team points are calculated according to the current IWF classification system. Groups may be revised after final entries meeting.

#### **5. REFEREES**

Each participating country shall provide one international referee to the competition. The organizer cover the costs of the accommodation and meals of the referees – one per country.

#### **6. PROVISIONAL COMPETITION SCHEDULE AND PROGRAM**

##### **Friday – 1<sup>nd</sup> September**

**12.00**- Arrival of Delegations (Training is possible 16:00-19:00)

**20.00** - technical meeting

##### **Saturday – 2<sup>th</sup> September**

**08.00** – Weigh-in

**10.15** – Opening Ceremony

**10.30** I group - Girls U17 and Women U20

**12.30** II group - Women

**14.00** III group - Boys U17 and Men U20

**16.00** IV group Men

##### **Sunday 3<sup>th</sup> September**

Departure of Delegations

NOTE: Time schedule may be changed after the verification of final entries.

#### **7. COMPETITION AND TRAINING VENUE**

Competition and training will be held in Ventspils – sporta nams „Centrs“, Brīvības street 14

## **8. ELIGIBILITY TO PARTICIPATE**

National Federations of Danmark, Finland, Germany, Latvia, Lithuania, Norway, Poland, Russia, Sweden and Estonia are eligible to participate in the Baltic Cup Championships.

## **9. ENTRIES**

### **Preliminary Entry:**

We would like kindly request you to confirm your intention to participate in the tournament by filling preliminary entry form and by returning it by **30st June 2016**.

### **Final Entry:**

**31th July 2016 send your list of participants to this adress: [info\\_lsf@inbox.lv](mailto:info_lsf@inbox.lv)**

## **10. ACCOMMODATION**

All delegation members participating in the event will be accommodated in Hotel of Olympic centre, Lielais prospekts 33, Ventspils, LV-3601.

## **11. ACCREDITATION**

Hotel of Olympic centre, Lielais prospekts 33, Ventspils, LV-3601.

## **12. FINANCIAL CONDITIONS**

The participants will have to pay a sum of € 70,00 per person/day in a triple room, € 80,00 per person/day in a double room and € 90,00 per person/day in a single room. These rates include accommodation and full board.

No entry fee.

This payment may be made by bank transfer directly to the Latvian Weightlifting Federation.

The account details are as follows:

IBAN: LV36 UNLA 0050 0144 1702 2

SWIFT: UNLALV2X

Bank name: AS“SEB banka“

## **13. DOPING CONTROL**

The doping controls will be carried out according to the IWF Anti-Doping Policy.

## **14. ENTRY VISAS TO LATVIA**

All participants should contact the respective Latvian Embassy in their country and find out if visa is required. In case of problems, please contact the Latvian Weightlifting Federation.

## **15. INSURANCE**

All National Weightlifting Federations are responsible for the insurance of their members of team.

## **16. PRIZES**

The three best lifters in each of the groups will be awarded with cups. Each participant will receive a Baltic Cup Championships Diploma and the best lifters According to Sinclair points (Women and Men) receive financial rewards:

1st place – 500 €

2nd place – 300 €

3rd place – 200 €

## **17. TRANSPORTATION**

The organizers will provide free transportation between the Riga Airport in Riga and place of accommodation and competitions.

## **18. FURTHER INFORMATION**

Please contact:

**Latvian Weightlifting Federation**

e-mil: [info\\_lsf@inbox.lv](mailto:info_lsf@inbox.lv)

[eduards80@inbox.lv](mailto:eduards80@inbox.lv)